

REFRESHMENT BREAKS

REFRESHMENT BREAKS Breakfast Lunch Dinner Reception Beverage Wine List



Beverages

A Little Indulgence

From the Bakery Rack

Health Watch

An Apple A Day

Bagel Bar

Chocolate Addiction

REFRESHMENT BREAKS

REFRESHMENT BREAKS Breakfast Lunch Dinner Reception Beverage Wine List



The Interludes Beverages

Fresh Brewed 100% Columbian Coffee or Decaffeinated:

| | |
|---|----------|
| Carafe/6 Mugs | \$20.00 |
| ½ Urn/20 Mugs | \$60.00 |
| Full Urn/40 Mugs | \$120.00 |
| Selection of Traditional and Herbal Teas (carafe/6 mugs) | \$20.00 |
| Hot Spiced Apple Cider Steeped with Cinnamon Sticks and Clove-Studded Oranges (carafe/6 mugs) | \$20.00 |
| Chilled Juices; Apple, Cranberry, Tomato (1.9 litres/jug) | \$21.00 |
| Fresh Squeezed Tropicana Orange and Grapefruit Juice (1.9 litres/jug) | \$21.00 |
| Fruit Punch (1.9 litres/jug) | \$15.95 |
| Iced Tea & Lemonade (1.9 litres/jug) | \$12.95 |
| Assorted Soft Drinks, Regular and Diet (355ml can) | \$2.75 |
| Assorted Juices (340ml can) | \$2.75 |
| Eska Still Water (355ml glass bottle) | \$3.00 |
| Eska Still Water (750ml glass bottle) | \$6.00 |
| San Pellegrino Sparkling Water (250ml glass bottle) | \$3.00 |
| Eska Sparkling Water (750ml glass bottle) | \$6.00 |
| Milk, 2% or Chocolate (250ml) | \$3.00 |
| Hot Chocolate with Whipped Cream and Chocolate Shavings (carafe/6 mugs) | \$20.00 |

REFRESHMENT BREAKS

REFRESHMENT BREAKS Breakfast Lunch Dinner Reception Beverage Wine List



A Little Indulgence

| | | | |
|--|----------|--|----------|
| Whole Fruit (each) | \$2.00 | Chocolate Dipped Bananas (dozen) | \$25.00 |
| Fresh Fruit Salad (serves 20) | \$45.00 | Häagen Dazs Ice Cream Bars (each) | \$5.95 |
| Fruit Brochettes with Yogurt Dip (dozen) | \$23.00 | Nestlé Ice Cream Bars (each) | \$2.75 |
| Sliced Fresh Fruit Platter (serves 40) | \$130.00 | Kellogg's Nutri-Grain Bars (dozen) | \$22.00 |
| Tropical Fruit Display (serves 40) | \$170.00 | Assorted 100% Natural Granola Bars (dozen) | \$24.00 |
| Crudité with Herb Dip (serves 40) | \$115.00 | Chocolate Dipped Biscotti (dozen) | \$21.00 |
| Cheese Board (serves 40) | \$175.00 | Miniature French Pastries (dozen) | \$36.00 |
| Low Fat Fruit Flavored Yogurt (each) | \$3.00 | Presentation Cake (serves 45) | \$120.00 |
| Chocolate Dipped Strawberries (dozen) | \$25.00 | Presentation Cake (serves 90) | \$240.00 |
| | | Assorted Cakes, Tortes, Flans and Strudels (16 portions per cake) | \$52.00 |

REFRESHMENT BREAKS

REFRESHMENT BREAKS Breakfast Lunch Dinner Reception Beverage Wine List



From the Bakery Rack

| | |
|--|---------|
| Assorted Home Baked Cookies (dozen) | \$24.00 |
| Assorted Dessert Squares (dozen) | \$24.00 |
| Regular and Low Fat Muffins (dozen) | \$29.00 |
| Freshly Baked Croissants (dozen) | \$29.00 |
| Freshly Baked Scones (dozen) | \$29.00 |
| Sliced Coffee Cake (dozen) | \$29.00 |
| Sliced Seasonal Breakfast Breads (dozen) | \$29.00 |
| Bagels with Cream Cheese (dozen) | \$35.00 |
| Cinnamon Raisin and Fruit Danishes (dozen) | \$29.00 |

Health Watch

(minimum 25 guests)

Selection of Chilled Fruit Juices
Sliced Seasonal Fresh Fruit and Berries
Low Fat Fruit Yogurt Bar
Organic Granola Topping
Slim Sensations Low-Fat Muffins

- Cranberry Orange
- Fruit Explosion
- Carrot Pineapple
- Blueberry

Fresh Brewed 100% Columbian Coffee
and Herbal Tea

\$12.95 per person

REFRESHMENT BREAKS

REFRESHMENT BREAKS Breakfast Lunch Dinner Reception Beverage Wine List



An Apple a Day

(minimum of 25 guests)

Assorted Fruit Breads

Assorted Apples

Selection of Chilled Fruit Juices

Fresh Brewed 100% Columbian Coffee,
Decaffeinated Coffee and Assorted Teas

\$8.00 per person

Chocolate Addiction

(minimum of 25 guests)

Chocolate Cherry Coffee Cake

Chocolate Chip and White Chocolate

Macadamia Nut Cookies

Fudge Brownies

Chocolate and White 2% Milk

\$10.50 per person

Bagel Bar

(minimum 25 guests)

Selection of Chilled Fruit Juices

Selection of Oven Baked Bagels

Flavored Cream Cheese

Sliced Fresh Fruit Display

Fruit Preserves, Peanut Butter and Butter

Fresh Brewed 100% Columbian Coffee,
Decaffeinated Coffee and Assorted Teas

\$10.95 per person

Add: Smoked Atlantic Salmon with Capers,
Onion and Lemon \$ 3.95 per person

BREAKFAST

Refreshment Breaks **BREAKFAST** Lunch Dinner Reception Beverage Wine List



Day Break Breakfast Buffet
Plated Breakfast
Continental Breakfast
European Breakfast

BREAKFAST

Refreshment Breaks **BREAKFAST** Lunch Dinner Reception Beverage Wine List

Day Break Breakfast

(minimum of 50 guests)

Selection of Chilled Fruit Juices

Selection of Ontario Fresh Fruit and Seasonal Berries (when available)

➤ Scrambled Eggs with Home Grown Ontario Bacon and Sausage, Oven Baked Home Fries

Or

➤ Bacon, Egg and Cheese Strata Served with Turkey Sausage and Fresh Cut Red Skin Potato Wedges

Or

➤ Buttermilk Pancakes and French Toast with Ontario Maple Syrup, Local Berry Compote and Whipped Cream, Bacon and Turkey Sausage

Or

➤ Spinach, Swiss Cheese and Double Smoked Bacon Quiche

Home-Style New Potato Wedges with Sweet Bell Pepper Sauté

Breakfast Sausage



Fresh Bakery Basket with Fruit Scones, Croissants, Danish and Muffins

Assortment of Kellogg's Cereals with 2% Milk, Low Fat Fruit Yogurt with Organic Granola, Fruit Preserves and Butter

Fresh Brewed 100% Columbian Coffee, Decaffeinated Coffee and Assorted Teas

\$16.50 per person

Add: Omega 3 Bacon \$1.50 per person

BREAKFAST

Refreshment Breaks **BREAKFAST** Lunch Dinner Reception Beverage Wine List



Plated Breakfast

(minimum 50 guests)

Chilled Fresh Squeezed Orange Juice

Cheddar Cheese Omelet, Ontario Bacon, Sausage,
Half Tomato and Home Fried Potatoes

Bakery Basket of Assorted Muffins, Danish,
Croissants and Scones

Fruit Preserves and Butter

Fresh Brewed 100% Columbian Coffee,
Decaffeinated Coffee and Assorted Teas

\$16.95 Per Person (rounds of 10)

Continental Breakfast

(minimum 25 guests)

Selection of Chilled Fruit Juices

Selection of Freshly Baked Fruit Danish,
Croissants, Muffins and Scones

Fruit Preserves and Butter

Fresh Brewed 100% Columbian Coffee,
Decaffeinated Coffee and Assorted Teas

\$9.95 Per Person, Buffet Price

\$12.95 Per Person, Table Service (rounds of 10)

Add: Sliced Fresh Fruit \$3.00 per person

Add : Individual Fruit Yogurt \$3.00 each

BREAKFAST

Refreshment Breaks **BREAKFAST** Lunch Dinner Reception Beverage Wine List



European Breakfast

(minimum 50 guests)

Orange, Grapefruit and Apple Juice

Selection of Fresh Baked Breads, Baguette
& Croissants

Assorted Bagels and Cream Cheese

Fresh Cut Fruit

Hard Boiled Eggs (served chilled)

Sliced Smoked and Cured Deli Meats

International Cheese Board

Organic Almond Granola

Low Fat Fruit Yogurt

Chilled Strawberries with Sweet Cream

Fresh Brewed 100% Columbian Coffee,
Decaffeinated Coffee and Assorted Teas

\$19.00 per person